

Food Tested By Imupro 100

Meat

Beef
Chicken
Lamb
Pork
Turkey hen

Seeds & Nuts

Almond
Cashew kernels
Cocoa bean
Hazelnut
Linseed
Peanut
Pistachio
Poppy seeds
Pumpkin seeds
Sesame
Sunflower seed
Walnut

Salads

Butterhead lettuce
Lamb's lettuce

Yeast

Yeast (beer, bread)

Vegetables

Aubergine
Beetroot
Broccoli
Carrots
Celeriac, knob celery
Chili Cayenne
Courgette
Cucumber
Kohlrabi
Leek
Olive
Onion
Potato
Red cabbage
Sweet pepper
Tomato

Cereals, gluten containing

Barley
Gluten
Oats
Rye
Spelt
Wheat

Spices & Herbs

Basil
Cinnamon
Garlic
Horseradish
Mustard seed
Nutmeg
Oregano
Paprika, spice
Parsley
Pepper, black
Rosemary
Thyme
Vanilla

Preservatives

None

Legumes

Green bean
Green pea
Soyabean

Algae

None

Fish & Seafood

Crayfish
Ocean perch
Pollock
Salmon
Tunafish

Milk products

Goat: milk and cheese
Milk (cow)
Rennet cheese (cow)
Sheep: milk and cheese
Sour-milk products (cow)

Alternatives to cereals

Buckwheat
Maize, sweet corn
Millet
Rice

Eggs

Chicken egg

Specials

None

Colourings

None

Fruits

Apple
Apricot
Banana
Cherry
Grape
Kiwi
Lemon
Nectarine
Orange
Pineapple
Strawberry
Watermelon

Tea, Coffee & Wine

Peppermint

Thickening Agents

Guar flour (E412)

Mushrooms

Meadow mushrooms

Sweeteners

Cane sugar
Honey (Mixture)