

Food Tested By Imupro 200

Meat

Deer
Duck
Goat Meat
Goose
Hare
Ostrich meat
Quail
Rabbit
Roe Deer
Veal
Wild boar
Beef
Chicken
Lamb
Pork
Turkey hen

Seeds & Nuts

Brazil nut
Coconut
Macadamia nut
Pine nut
Almond
Cashew kernels
Cocoa bean
Hazelnut
Linseed
Peanut
Pistachio
Poppy seeds
Pumpkin seeds
Sesame
Sunflower seed
Walnut

Salads

Chicory
Endive
Iceberg lettuce
Lollo rosso
Radicchio
Rocket
Romaine / Cos lettuce
Butterhead lettuce
Lamb's lettuce

Vegetables

Artichoke
Asparagus
Brussels sprouts
Cauliflower
Chard, beet greens
Chinese cabbage
Kale, curled kale
Parsnip
Pumpkin
Radish red, Radish white
Rutabaga
Savoy cabbage
Spinach
Stalk celery
White cabbage
Aubergine
Beetroot
Broccoli
Carrots
Celeriac, knob celery
Chili Cayenne
Courgette
Cucumber
Kohlrabi
Leek
Olive
Onion
Potato
Red cabbage
Sweet pepper
Tomato

Cereals, gluten containing

Kamut
Barley
Gluten
Oats
Rye
Spelt
Wheat

Yeast

Yeast (beer, bread)

Spices & Herbs

Chive
Basil
Cinnamon
Garlic
Horseradish
Mustard seed
Nutmeg
Oregano
Paprika, spice
Parsley
Pepper, black
Rosemary
Thyme
Vanilla

Preservatives

None

Legumes

Green bean
Green pea
Soyabean

Fish & Seafood

Anchovy
Carp
Cod, codling
Gilthead bream
Haddock
Hake
Halibut
Herring
Mackerel
Plaice
Sardine
Shark
Sole
Squid, cuttlefish
Swordfish
Trout
Zander
Crayfish
Ocean perch
Pollock
Salmon
Tunafish

Fruits

Avocado
Date
Fig
Lychee
Mango
Papaya
Peach
Pear
Plum
Yellow plum
Apple
Apricot
Banana
Cherry
Grape
Kiwi
Lemon
Nectarine
Orange
Pineapple
Strawberry
Watermelon

Eggs

Goose egg
Quail eggs
Chicken egg

Algae

None

Sweeteners

Cane sugar
Honey (Mixture)

Milk products

Camel's milk
Halloumi
Kefir
Mare's milk
Milk cooked
Ricotta
Goat: milk and cheese
Milk (cow)
Rennet cheese (cow)
Sheep: milk and cheese
Sour-milk products (cow)

Alternatives to cereals

Amaranth
Arrowroot
Carob
Cassava
Fonio
Jerusalem artichoke
Lupine
Quinoa
Sweet chestnut
Sweet potato
Tapioca
Teff
Buckwheat
Maize, sweet corn
Millet
Rice

Tea, Coffee & Wine

Peppermint

Thickening Agents

Guar flour (E412)

Mushrooms

Meadow mushrooms

Colourings

None

Specials

None